

MEMBERSHIP FEES

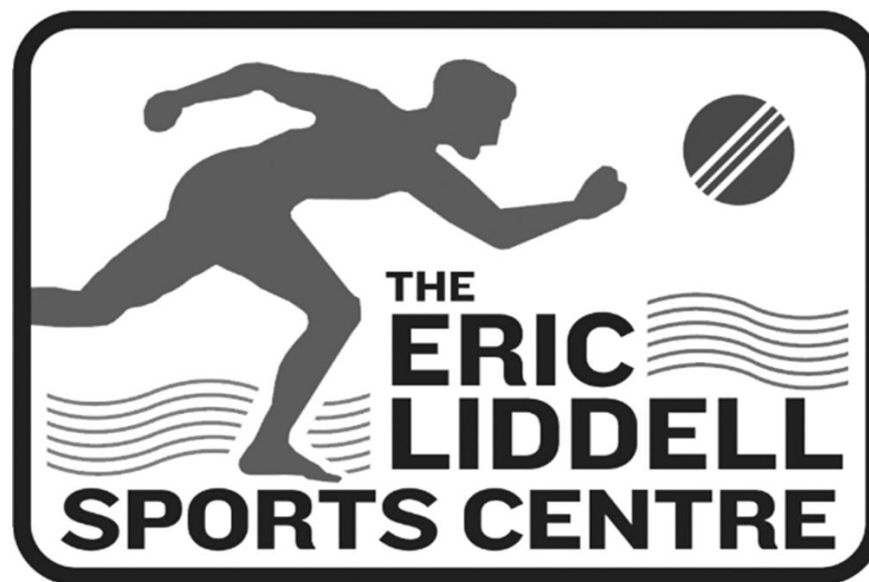
	Monthly	Annual
All Inclusive Memberships		
Gold Adult	£35	£400
Gold Junior	£13	£150
Gold Family	£70	£800
Gold Adult Concession	£17.50	£200
Gold Junior Concession	£6.50	£75
Gold Family Concession	£35	£400
Pay as You Play Memberships		
Silver Adult	£20	£240
Silver Junior	£7.50	£90
Silver Adult Concession	£10	£120
Silver Junior Concession	£3.75	£45

ACTIVITY PRICES

	Gold	Silver Adult	Silver Junior	Silver Conc	Non Members
Swim	Inc	£2.20	£1.20	£1.50	n/a
Fitness Suite	Inc	£3.50	£2.80	£2.80	n/a
Gym and Swim	Inc	£5.00	£4.00	£4.30	n/a
Gym Induction	Inc	£10.00	£10.00	£10.00	n/a
Personal Trainer	£25.00	£25.00	£25.00	£25.00	n/a
Aerobics, LB&T	Inc	£3.80	£3.30	£3.30	£4.80
Zumba	Inc	£5.00	£5.00	£5.00	£6.00
Yoga	Inc	£5.50	£4.50	£4.50	£6.50
Badminton/Table Tennis/Short Tennis	£4.50	£9 a court, for one hour session			n/a
Pilates (7 week course)	£35.00	£35.00	£35.00	£35.00	£42.00

Notes

Junior	Under 18 years of age. 14yrs and above only in Fitness Suite. 16yrs and above only in Fitness Classes.
Concession	OAP, Student, Disabled, Income Support.
Family	Up to 2 adults and 2 children under 18yrs at same address.



Term Time Table plus Membership Fees and Activity Prices

020 8851 9111

www.ericliddellsportscentre.co.uk
ericliddellsportscentre@btconnect.com

TERM TIME TABLE

Day	Activity	Morning	Evening
Mon	Fitness Suite	6.30am-8am 9.00am-10.30am	6pm-11pm
	Swimming	6.30am-8am 8.30am-10.30am	
	Aerobics		7pm to 8pm
Tues	Fitness Suite	6.30am-8am	6pm-11pm
	Swimming	6.30am-8am	6pm to 10pm
	Zumba		7pm to 8pm
	Pilates course		8.15pm to 9.15pm
Wed	Fitness Suite	6.30am-8am	6pm-11pm
	Swimming	6.30am-8am	6pm to 8pm
Thurs	Fitness Suite	6.30am-8am	6pm-11pm
	Swimming	6.30am-8am	6pm to 10pm*
	Boxercise		7pm-8pm
	Legs, Bums and Tums		8pm-9pm
Fri	Fitness Suite	6.30am-8am 9.00am-10.30am	6pm-11pm
	Swimming	6.30am-8am 8.30am-10.30am	6pm to 8pm*
	Fencing		6.30pm-8.00pm
	Yoga		8pm to 9.30pm
Sat	Fitness Suite	7am-8pm	
	Swimming	7am-8.25am*	12.15pm-7.30pm
Sun	Fitness Suite	7am-10pm	
	Swimming	7am-9am,	2.30pm-8pm

* Session shared with Swimming Clubs or Swimming Lessons.

Reception

Reception is open Monday to Friday, 6.30am to 8am and 6pm to 10pm, plus Saturday and Sunday between 7am and 7pm.

Badminton, Table Tennis and Short Tennis

Please enquire at reception for available sessions.

Sports Hall, All Weather Pitches, Dance Studio Hire

Please enquire at reception for availability.

Courses

ASA National Learn to Swim Programme – Mon, Sat and Sun

Pilates – Tues

School Holiday Activity Camps

Fencing

Birthday Parties

Please enquire at reception for details.

Clubs

Bromley District Cricket Coaching (BDCC)

Greenwich Borough Mariners Swimming Club (GBM)

Greenwich Tritons, Triathlon club

Karasac Kali, Martial Arts club

Orpington Ojays Swimming Club

Sharks Swimming Club of Mottingham

The White Rose Kyudojo, Japanese Archery club

Activate Holiday Sport Camps

London FA Girls Player Development Centre

**PLEASE NOTE THAT ALL TIMES ARE SUBJECT TO CHANGE
DUE TO SCHOOL COMMITMENTS AND DURING SCHOOL
HOLIDAYS.**

PLEASE CHECK FOR DETAILS AT RECEPTION

